



January 2024 School Menu

Milk is served with Breakfast & Lunch

Component	Monday 01/01/24	Tuesday 01/02/24	Wednesday 01/03/24	Thursday 01/04/24	Friday 01/05/24	
Week: 1	Breakfast Grain	 Closed for New Years Holiday	Pancakes	Biscuits & Gravy	Bagels & Cream Cheese	
	Breakfast Fruit		Peaches	Applesauce	Pineapple Tidbits	
	Protein		Turkey Hot Dogs	Sloppy Joes	Chicken Noodle Bake	
	Grain		WG Buns	WG Buns	WG Noodles	
	Fruit		Mixed Fruit	Pears	Pears	
	Vegetable		Baked Beans	Green Beans	Tater Tots	Mixed Vegetables
	Snack Grain		WG Wheat Thins	Graham Crackers	Animal Crackers	Ritz Crackers
	Snack Fruit		Orange Slices	String Cheese	Grapes	Cottage Cheese
Component	Monday 01/08/24	Tuesday 01/09/24	Wednesday 01/10/24	Thursday 01/11/24	Friday 01/12/24	
Week: 2	Breakfast Grain	WG Rice Crispy Cereal	French Toast	Biscuits & Gravy	WG Cheerios Cereal	
	Breakfast Fruit	Bananas	Pineapple Tidbits	Mixed Fruit	Peaches	
	Protein	Beef Chili	Chicken Nuggets	Chicken & Rice Casserole	Lunchbox Surprise <i>It's the best day ever!</i> We will create a delicious & healthy lunch from our magical pantry!	
	Grain	Kidney Beans	WG Toast	Rice		
	Fruit	Mandarin Oranges	Peaches	Pears		
	Vegetable	Tater Tots	Mashed Potatoes	Corn	Mixed Vegetables	
	Snack Grain	Animal Crackers	Goldfish	Club Crackers	Animal Crackers	Ritz Crackers
	Snack Fruit	Orange Slices	Grapes	Cottage Cheese	Orange Slices	Cheddar Slices
Component	Monday 01/15/24	Tuesday 01/16/24	Wednesday 01/17/24	Thursday 01/18/24	Friday 01/19/24	
Week: 3	Breakfast Grain	WG Rice Crispy Cereal	Bagels & Cream Cheese	French Toast	Harvest Muffins	
	Breakfast Fruit	Mixed Fruit	Pears	Mixed Fruit	Spiced Apples	
	Protein	Chicken Alfredo	Beef Quesadillas	Fish Sticks	Chicken Lasagna	Shepard's Pie
	Grain	WG Noodles	WG Tortillas	WG Toast	WG Noodles	WG Toast
	Fruit	Peaches	Pineapple Tidbits	Orange Slices	Mixed Fruit	Pears
	Vegetable	Green Beans	Corn	Baked Beans	Green Beans	Mashed Potatoes
	Snack Grain	Animal Crackers	Club Crackers	Graham Crackers	Goldfish	Animal Crackers
	Snack Fruit	String Cheese	Cottage Cheese	Apple Sauce	Grapes	Orange Slices
Component	Monday 01/22/24	Tuesday 01/23/24	Wednesday 01/24/24	Thursday 01/25/24	Friday 01/26/24	
Week: 4	Breakfast Grain	WG Oatmeal	WG Rice Crispy Cereal	French Toast	Harvest Muffins	
	Breakfast Fruit	Spiced Apples	Mixed Fruit	Pears	Spiced Apples	
	Protein	Turkey Hot Dogs	Chicken Tacos	Meatballs & Gravy	Pepperoni Pizza	Lunchbox Surprise <i>It's the best day ever!</i> We will create a delicious & healthy lunch from our magical pantry!
	Grain	WG Buns	Taco Shells	WG Noodles	WG Pizza Dough	
	Fruit	Sliced Oranges	Apple Sauce	Pineapple Tidbits	Peaches	
	Vegetable	Tater Tots	Corn	Peas & Carrots	Green Beans	Green Beans
	Snack Grain	Graham Crackers	Goldfish	WG Wheat Thins	Animal Crackers	Animal Crackers
	Snack Fruit	Orange Slices	Grapes	Cottage Cheese	Apple Slices	Ritz Crackers
Cheddar Slices						
Component	Monday 01/29/24	Tuesday 01/30/24	Wednesday 01/31/24	Resolve for a Healthy New Year!		
Week: 5	Breakfast Grain	WG Rice Crispy Cereal	WG Oatmeal	Setting goals for the new year, as Christians, means setting them WITH God. Ask God what He wants you to focus on in this new year. Look for things that are not only better for you physically but mentally and spiritually as well.		
	Breakfast Fruit	Mixed Fruit	Spiced Apples			
	Protein	Chicken Pot Pie	Lasagna			
	Grain	Biscuits	WG Noodles			
	Fruit	Pineapple Tidbits	Apple Sauce			
	Vegetable	Mixed Vegetables	Green Beans			
	Snack Grain	Animal Crackers	WG Wheat Thins			
	Snack Fruit	Orange Slices	Cottage Cheese			