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March 2024 School Menu

KISING SUN Learning Center "Where His name is higher than the rising sunt"		Milk is served with Breakfast & Lunch				
Component		Making Family Time Count During The Lenten Season				Friday 03/01/24
Week: 1	Breakfast Grain	March 19th is the Spring Equinox & the official			Bagels & Cream Cheese	
	Breakfast Fruit				Pineapple Tidbits	
	Protein	start of Spring! It is also how the dates of			Chicken Noodle Bake	
	Grain	Lent, Passover & Easter are determined.			WG Noodles	
	Fruit	Lent recognizes the need to prepare one's heart				Pears
	Vegetable	to fully accept and grasp the sacrifice made by				Mixed Vegetables
	Snack Grain	Jesus as well as the life brought by His resurrection.				Ritz Crackers
	Snack Fruit				Thursday	Cottage Cheese
	Component	Monday 03/04/24	Tuesday 03/05/24	Wednesday 03/06/24	03/07/24	Friday 03/08/24
Week: Z	Breakfast Grain	WG Cheerios Cereal	French Toast	Pancakes		Crusin e la comuter
	Breakfast Fruit	Bananas	Pineapple Tidbits	Mandarin Oranges		Spring Inservice
	Protein	Beef Chili	Chicken Nuggets	Beef Taco Pasta		The RSLC Team will be
	Grain	Kidney Beans	WG Toast	WG Noodles		travelling to the
	Fruit	Mandarin Oranges	Peaches	Applesauce	KIDING DUN	Conference on the Young
	Vegetable	Tater Tots	Mashed Potatoes	Corn	"Where His name is higher than the rising sun!"	Years (CYY) Professional
	Snack Grain	Animal Crackers	Goldfish	Club Crackers		Development
	Snack Fruit	Orange Slices	Grapes	Cottage Cheese	CLOSED	and Team Building!
		Monday	Tuesday	Wednesday	Thursday	Friday
Week: 3	Component	03/11/24	03/12/24	03/13/24	03/14/24	03/15/24
	Breakfast Grain	WG Rice Crispy Cereal	Bagels & Cream Cheese	WG Oatmeal	French Toast	Harvest Muffins
	Breakfast Fruit	Mixed Fruit	Pears	Spiced Apples	Mixed Fruit	Spiced Apples
	Protein	Chicken Alfredo	Beef Quesadillas	Fish Sticks	Chicken Lasagna	Shepard's Pie
	Grain	WG Noodles	WG Tortillas	WG Toast	WG Noodles	WG Toast
	Fruit	Peaches	Pineapple Tidbits	Orange Slices	Mixed Fruit	Pears
	Veqetable	Green Beans	Corn	Baked Beans	Green Beans	Mashed Potatos
	Snack Grain	Animal Crackers	Club Crackers	Graham Crackers	Goldfish	Animal Crackers
	Snack Fruit	String Cheese	Cottage Cheese	Orange Slices	Grapes	Orange Slices
Week: 4		Monday	Tuesday	Wednesday	Thursday	Friday
	Component	03/18/24	03/19/24	03/20/24	03/21/24	03/22/24
	Breakfast Grain	WG Oatmeal	WG Rice Crispy Cereal	French Toast	Harvest Muffins	WG Cheerios Cereal
	Breakfast Fruit	Spiced Apples	Mixed Fruit	Pears	Spiced Apples	Bananas
	Protein	Turkey Hot Dogs	Chicken Tacos	Meatballs & Gravy	Pepperoni Pizza	Lunchbox Surprise
	Grain	WG Buns	Taco Shells	WG Noodles	WG Pizza Dough	It's the best day ever! We will create a delicious &
	Fruit	Sliced Oranges	Apple Sauce	Pineapple Tidbits Broccoli	Peaches Green Beans	healthy lunch from our
	Veqetable	Tater Tots Graham Crackers	Corn Goldfish	WG Wheat Thins	Animal Crackers	magical pantry! Ritz Crackers
	Snack Grain	Orange Slices		Cottage Cheese	Animal Crackers Apple Slices	Cheddar Slices
	Snack Fruit	Monday	Grapes Tuesday	Wednesday	Thursday	Friday
C :Xaaw	Component	03/25/24	03/26/24	03/27/24	03/28/24	03/29/24
	Breakfast Grain	WG Rice Crispy Cereal	WG Oatmeal	Biscuits & Gravy	WG French Toast	Harvest Muffins
	Breakfast Fruit	Mixed Fruit	Spiced Apples	Pineapple Tidbits	Mixed Fruit	Spiced Apples
	Protein	Chicken Pot Pie	Lasagna	Chicken Nuggets	Beef Tacos	Grilled Cheese Sandwiches
	Grain	Biscuits	WG Noodles	WG Toast	Taco Shells	WG Toast
	Fruit	Pineapple Tidbits	Apple Sauce	Peaches	Mandarin Oranges	Pineapple Tidbits
	Vegetable	Mixed Vegitables	Green Beans	Peas & Carrots	Corn	Tomato Soup
	Snack Grain	Animal Crackers	WG Wheat Thins	Ritz Crackers	Goldfish	WG Wheat Thins
	Snack Fruit	Orange Slices	Cottage Cheese	Cheddar Slices	Grapes	Cottage Cheese