



May 2024 School Menu

Milk is served with Breakfast & Lunch

To Every Season...

Week: 2

Component		Wednesday 05/01/24	Thursday 05/02/24	Friday 05/03/24
Breakfast Grain	<p>Ecclesiastes 3:1 says "To every thing there is a season, and a time to every purpose under the heaven" May brings the transition of the season as the RSLC School Year!</p> <p>We are excited for our upcoming Pre School Graduation before a summer full of fun!</p> <p>Click here to see the cutest Graduates!</p> 	Bagels & Cream Cheese	Biscuits & Gravy	WG Oatmeal
Breakfast Fruit		Mandarin Oranges	Mixed Fruit	Spiced Apples
Protein		Beef Taco Pasta	Chicken & Rice Casserole	Lunchbox Surprise It's the best day ever! We will create a delicious & healthy lunch from our magical pantry!
Grain		WG Noodles	White Rice	
Fruit		Applesauce	Orange Slices	Ritz Crackers
Vegetable		Corn	Mixed Vegetables	Cheddar Cheese Slices
Snack Grain		Club Crackers	Cheese It's	
Snack Fruit		Cottage Cheese	Grapes	

Week: 3

Component	Monday 05/06/24	Tuesday 05/07/24	Wednesday 05/08/24	Thursday 05/09/24	Friday 05/10/24
Breakfast Grain	WG Rice Crispy Cereal	Pancakes	WG Oatmeal	French Toast	Harvest Muffins
Breakfast Fruit	Bananas	Grapes	Spiced Apples	Mixed Fruit	Mandarin Oranges
Protein	Chicken Alfredo	Beef Chili	Chicken Nuggets	Chicken Lasagna	Shepherd's Pie
Grain	WG Noodles	Kidney Beans	WG Toast	WG Noodles	WG Toast
Fruit	Apple Sauce	Mandarin Oranges	Orange Slices	Mixed Fruit	Pears
Vegetable	Mixed Vegetables	Peas & Carrots	Baked Beans	Green Beans	Mashed Potatoes
Snack Grain	Animal Crackers	Club Crackers	Graham Crackers	Goldfish	Animal Crackers
Snack Fruit	String Cheese	Cottage Cheese	Orange Slices	Grapes	Orange Slices


Week: 4

Component	Monday 05/13/24	Tuesday 05/14/24	Wednesday 05/15/24	Thursday 05/16/24	Friday 05/17/24
Breakfast Grain	WG Oatmeal	French Toast	Harvest Muffins	Biscuits & Gravy	WG Cheerios Cereal
Breakfast Fruit	Spiced Apples	Mixed Fruit	Applesauce	Mandarin Oranges	Bananas
Protein	Turkey Hot Dogs	Pineapple Chicken	Meatballs & Gravy	Pepperoni Pizza	Lunchbox Surprise It's the best day ever! We will create a delicious & healthy lunch from our magical pantry!
Grain	WG Buns	Rice	WG Noodles	WG Pizza Dough	
Fruit	Sliced Oranges	Mandarin Oranges	Mixed Fruit	Peaches	Ritz Crackers
Vegetable	Tater Tots	Broccoli	Mixed Vegetables	Green Beans	Cheddar Slices
Snack Grain	Graham Crackers	Goldfish	WG Wheat Thins	Animal Crackers	
Snack Fruit	Orange Slices	Grapes	Cottage Cheese	Apple Slices	

Week: 5

Component	Monday 05/20/24	Tuesday 05/21/24	Wednesday 05/22/24	Thursday 05/23/24	Friday 05/24/24
Breakfast Grain	WG Rice Crispy Cereal	WG Oatmeal	Biscuits & Gravy	WG French Toast	Harvest Muffins
Breakfast Fruit	Mixed Fruit	Spiced Apples	Pineapple Tidbits	Mixed Fruit	Spiced Apples
Protein	Chicken Pot Pie	Lasagna	Fish Sticks	Beef Tacos	Grilled Cheese Sandwiches
Grain	Biscuits	WG Noodles	WG Toast	Taco Shells	WG Toast
Fruit	Pineapple Tidbits	Apple Sauce	Peaches	Mandarin Oranges	Pineapple Tidbits
Vegetable	Mixed Vegetables	Green Beans	Peas & Carrots	Corn	Tomato Soup
Snack Grain	Animal Crackers	WG Wheat Thins	Ritz Crackers	Goldfish	WG Wheat Thins
Snack Fruit	Orange Slices	Cottage Cheese	Cheddar Slices	Grapes	Cottage Cheese

Week: 6

Component	Monday 05/27/24	Tuesday 05/28/24	Wednesday 05/29/24	Thursday 05/30/24	Friday 05/31/24
Breakfast Grain	 <p>Closed for the Memorial Day Holiday</p>	Pancakes	Biscuits & Gravy	Bagels & Cream Cheese	WG Cheerios Cereal
Breakfast Fruit		Pears	Peaches	Pineapple Tidbits	Bananas
Protein		Beef Meatloaf	White Chicken Chili	Pulled Pork Sandwiches	Lunchbox Surprise It's the best day ever! We will create a delicious & healthy lunch from our magical pantry!
Grain		WG Toast	Navy Beans	WG Buns	
Fruit		Applesauce	Mixed Fruit	Sliced Apples	Ritz Crackers
Vegetable		Mashed Potatoes	Tater Tots	Green Beans	Cheddar Cheese
Snack Grain		Animal Crackers	WG Wheat Thins	Animal Crackers	
Snack Fruit		Orange Slices	Cottage Cheese	Cheddar Slices	Grapes